

Resources

Mentoring

Step up, link up, speak up: mentoring toolkit

A guide to youth-to-youth mentoring, with a focus on strengthening advocacy skills, and how to share those skills. (Frontline Aids, 2016)

[Visit the web page](#)

Sightsavers mentoring guide

An economic empowerment mentorship approach where professional mentors are paired with job seekers with disabilities. (Sightsavers, 2024)

Request via email: sbc@sightsavers.org
Sightsavers staff can [read the PDF here](#)

Support groups

BabyUbuntu training manuals

Valuable resources for caregivers of children with developmental disabilities from birth to two years, including a module on stigma called 'Togetherness and belonging'. (Ubuntu, 2024)

[Download the manuals](#) (download is free, although you'll need to register)

Mass media

Accessible communication pack

A physical and digital set of accessibility guidelines to help create inclusive communications. (Sightsavers, 2023)

[Read the pack](#)

Disability and inclusion language guide

A short guide to disability language that is suitable to use in our work, and stigmatising language to avoid. (Sightsavers, 2024)

[Read the guide](#)

Advocacy

Advocacy in programmes toolkit

Providing a practical approach to support integrating advocacy work into programmes. (Sightsavers, 2019)

[Read the PDF](#)

Engagement with faith-based organisations

Programme guidance on faith engagement

A generic resource for faith-based organisations to achieve behaviour change for children, families and communities. (UNICEF/JLI, 2021)

[Visit the website](#)

Faith and Positive Change for Children

Provides a theory of change framework, applying an SBC approach, for changing behaviours with children. (UNICEF/Religions for Peace/JLI, 2019)

[Visit the website](#)

Engagement in the health sector

Guides on stigma and mental wellbeing

Accessible and practical materials aimed at reducing stigma, relevant for all forms of health-related stigma. (InfoNTD, 2020)

[Visit the website](#)

Mosaic toolkit to end stigma and discrimination in mental health

Toolkit on how to reduce stigma, with a focus on mental health. Includes processes and case studies. (WHO, 2024)

[Visit the website](#)

Engagement in the education sector

Addressing stigma and discrimination through social behaviour change

Covers a range of approaches towards reducing stigma towards children and young people with disabilities. (UNICEF, 2024)

[Visit the website](#)